



Waikiki May Day To Honour Beach Boys

The sands in front of the Outrigger Waikiki Beach Resort and the Royal Hawaiian Hotel will play host to the May Day Waikiki – Beach Boys, Memories and Music event from 1500-1700 on 01 May, says the Ha-

waii Tourism Association.

The event celebrates the history and tradition of May Day, as well as honouring the Waikiki Beach Boys, a special group who are licensed in all levels of surf handling including surf lesson instruction, outrigger canoe rides, stand up paddle lesson instruction, and catamaran sailing.

This year the event will recognise Waikiki Beach Boys Alex Apo, who worked on the beach for 44 years and was one of the original beach boys; and Richard Kapela Kauo, who passed away in 2013 and pioneered the 'hot curl' style of surfing. Working as a lifeguard and surfing instructor, he's most fondly remembered for spending his later years greeting visitors at Duke's Waikiki.

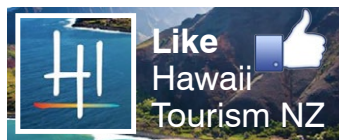
This free event will also include a concert with Ambassador of Aloha Danny Kaleikini, award-winning contemporary reggae-pop vocalist Anuhea and hula dancers from local hula halau. There will be free canoe rides in front of the Royal Hawaiian Hotel from 1000-1400.

See facebook.com/maydaywaikiki



Pineapple Festival

Local food, crafts, games, food booths, activities, prizes, exhibitors and entertainment are included at Lanai's Annual Pineapple Festival at Dole Park, Lanai City (Maui) 03-04 Jul. The event ends with a spectacular fireworks display. Details, lanaipineapplefestival.com



Aulani Deals For Mums

Breakfast in bed and a menu of spa treatments especially for Mums are offered by Aulani, a Disney Resort & Spa in Ko Olina (Oahu) during May. While Mums are slacking around in bed and blissing out in the Laniwai Spa, the rest of the family can take part in a variety of programmes. When (or if) Mum re-joins her beloved family, everyone can take advantage of a 20% discount on a family portrait session. As an added incentive guests can save up to 30% off stays during May.

Maui Yoga Classes

Hawaii-bound yoga enthusiasts don't have to miss out on their favourite activity while in Maui, with plenty of options available. Island Spirit Yoga on Wainee St, West Maui—in its tenth year of business—offers single classes for a walk-in fee of USD17. There are also five- and ten-class passes for USD65/USD100 respectively, or a monthly unlimited pass for USD170. Cards are non-refundable. Mat rental is USD10 per class. See islandspirityoga.com

...More Options

Maui-bound yoga enthusiasts can also take classes at Maui Yoga Path, on the beachfront in the heart of South Kihei Road—mauiyogapath.com; Maui Yoga Shala studios at Paia and Wailea Gateway Center—maui-yoga.com; Makawao Yoga studios behind Casanova's on Makawao Ave and MY Studio North on Kokomo Ave – makawaoyoga.com; and Body Alive Yoga & Movement Studio on Main St Wailuku, which also offers pilates—bodyaliveyoga.com.

Annual Ukulele Fest

The 45th annual Ukulele Festival is on at Waikiki's Kapiolani Park 19 Jul. The event includes entertainment, food booths, displays and more. Outrigger's Ala Moana Hotel is the event's official hotel sponsor.



Climbing Waterfalls

Rappel Maui has a new activity in the privately-owned Puuhokamoa Valley of Jurassic Park fame, which involves walking backwards down waterfalls more than 10m high. The six-hour tour costs \$208.33 and includes training, footwear, harness, backpack with dry keg, flotation jacket, helmet and lunch. Participants hike a short distance under a rainforest canopy for a briefing and demonstration and a practice 18m dry rappel down a jungle wall. After training participants rappel down two waterfalls into swimming pools. The hike is easy with total walking of about 1km with an elevation gain of about 91m. Participants must be at least ten years old. Details, rappelmaui.com

Duelling Guitars

The 23rd Ki Hoalu Guitar Festival takes place at the Maui Arts & Cultural Center Amphitheater & Pavilion 28 Jun. Guests will enjoy free Hawaiian slack key music featuring an 'all star' line-up of Hawaii's best slack key guitar musicians and recording artists. Details, see mauiarts.org

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